

# Use less plastic



In 1950, the world's population of 2.5 billion produced 1.5 million tonnes of plastic; in 2016, a global population of more than 7 billion people produced over 320 million tonnes of plastic! We all know that plastic is bad for the environment but did you know that all the plastic ever made still exists? It does not break down and disappear but becomes tiny microplastics which continue to cause problems for our rivers, seas and oceans.

For the first part of this activity, we want you to count all the plastic you use and throw away (single-use plastic) every day for a week. This could be things like the plastic bag your bananas come in, or a plastic drinks bottle that you buy then put in the bin when it is empty. Write it all down and see how much you use in a normal week.

Day of the week	Number of single-use plastic items used